

Lunch Includes:

- *Main or Alternate Entree
- *Two Vegetable Side Dishes
- *Choice of Fruit Side or Seasonal Fresh Fruit
- *1/2 Pint Milk



February, 2015



Monthly Menu
Price Per Lunch \$2.75



If writing a check, please make payable to: DOC Nutrition Services

Monday	Tuesday	Wednesday	Thursday	Friday
Groundhog Day! 2 BBQ Riblets with Dinner Rolls or A) Chicken Nuggets with Rolls Carrots Tossed Garden Salad Diced Pears or Seasonal Fresh Fruit	Beef Nachos 3 (Taco Meat, Cheese Sauce, Tostitos Chips, & Optional Refried Beans) or A) Corn Dog Corn Tossed Garden Salad Peaches	Meatloaf with Stuffing 4 and a Dinner Roll or A) Chicken Patty on a Bun Mashed Potatoes Tossed Garden Salad Applesauce or Seasonal Fresh Fruit	Teriyaki Chicken 5 over Rice with a Roll or A) Hamburger or Cheeseburger on a Bun Broccoli Tossed Garden Salad Mandarin Oranges	French Toast 6 Sticks with Syrup or A) Cheese Pizza Tator Tots Tossed Garden Salad Orange Juice or Seasonal Fresh Fruit
Cheese Stuffed 9 Breadsticks with Marinara Sauce or A) Chicken Nuggets with Rolls Green Beans Tossed Garden Salad Peaches or Seasonal Fresh Fruit	Beef Soft Taco 10 or A) Hot Dog on a Bun Carrot Sticks with Dip Tossed Garden Salad Peaches	Pepperoni 11 Pizza or A) Popcorn Chicken with Rolls Broccoli Tossed Garden Salad Fruit Punch Juice or Seasonal Fresh Fruit	Build a Burrito 12 (Seasoned Chicken, Cheese, Rice & Optional Black Beans) or A) Hamburger or Cheeseburger on a Bun Sweet Corn Tossed Garden Salad Pineapple	Lasagna Roll-Up 13 or A) Cheese Pizza Vegetable Medley Tossed Garden Salad Fruit Cocktail or Seasonal Fresh Fruit Sun Chip Snack Mix with Every Lunch
Presidents' Day 16 Grilled Chicken 17 on a Bun or A) Corn Dog Baked Beans Tossed Garden Salad Peaches	Ash Wednesday 18 Cheese Quesadilla or A) Macaroni & Cheese Broccoli Tossed Garden Salad Applesauce or Seasonal Fresh Fruit Pretzels with Every Lunch!	Pasta with 19 Meatballs or A) Hamburger or Cheeseburger on a Bun Green Beans Tossed Garden Salad Peaches	Toasted Cheese 20 Sandwich or A) Cheese Pizza French Fries Tossed Garden Salad Frozen Fruit Cup or Seasonal Fresh Fruit	
Fiestada 23 Pizza or A) Chicken Nuggets with Rolls Sweet Corn Tossed Garden Salad Fruit Cocktail or Seasonal Fresh Fruit	Salisbury Steak 24 with Gravy & Stuffing or A) Hot Dog on a Bun Mashed Potatoes Tossed Garden Salad Diced Pears Cookie with Every Lunch!	Meatball 25 Sub or A) Popcorn Chicken with Rolls Snappy Green Beans Tossed Garden Salad Applesauce or Seasonal Fresh Fruit	Chicken Tenders 26 with Soft Pretzel Rod or A) Hamburger or Cheeseburger on a Bun Baked Beans Tossed Garden Salad Pineapple	Egg & Cheese on an 27 English Muffin or A) Cheese Pizza Dragon Punch Tossed Garden Salad Peaches or Seasonal Fresh Fruit

*Please note that regulations require that at least one vegetable or fruit side be chosen with each lunch.

SUBSTITUTION OF ITEMS MAY BE NECESSARY

USDA and this institution are equal opportunity providers and employers.